


Dr. Debleena Das



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Having wanted to be a psychologist since childhood, Dr. Debleena (Ria) Das completed her doctorate in clinical psychology at Widener University in 2018. Prior to that, Debleena completed her undergraduate degree at New York University in Applied Psychology and Child & Adolescent Mental Health studies.

In between NYU & Widener, she worked at a therapeutic school for children (ages 3-13) with behavioral and emotional disorders which really inspired her to pursue her doctorate. Since completing her doctorate, Debleena has been working in private practice in both NYC and Scotch Plains, NJ. In NYC, she works with adults and in NJ she works with both children (3+) and adults.

Debleena enjoys working with clients from diverse backgrounds whether that means race/ethnicity, sexual orientation, age or presenting problems. Much of her work focuses on depression, anxiety, bipolar disorder, body image issues, LGBTQ populations, life transitions, work stressors, family dynamics, parent-child interactions, grief, and trauma.

Please reach out to her with general questions, if you are ever considering pursuing your own therapeutic treatment or if you are considering studying psychology. She'd be happy to hear from you!